

# Guidelines for Safe Mentor & Mentee Face-to-Face Meetings

## Physical Distancing During Match Visits

### 1 FEEL READY TO RESUME IN-PERSON MEETINGS?

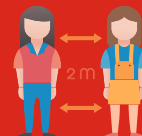


Before scheduling your visit:

- Is the mentor, mentee or someone in their home at increased risk due to an existing health condition?
- Is the mentor, mentee or someone in their home working as front-line staff and at elevated risk?

Make sure that everyone is comfortable and ready to meet in-person.

### 2 FOLLOW PHYSICAL DISTANCING GUIDELINES



- Remain 2 metres apart at all times
- Always cough or sneeze into a tissue or your sleeve
- Never touch your face unless you've washed your hands
- Do not meet with other people outside of your match during your meeting

### 3 MAINTAIN HEALTHY HABITS



YAY suggests the following:

- Wearing a face mask or covering during visits
- Washing your hands often and thoroughly
- Meeting outdoors while maintaining proper physical distancing guidelines



### 4 YOU SHOULD SKIP A VISIT WHEN...



- You or someone in your home has developed symptoms of COVID-19
- You or someone in your home has recently returned from travelling outside of Canada
- You or someone in your home has been in close contact with someone who tested positive for or suspects that they have COVID-19



If you have additional questions or need more guidance, please contact your Case Coordinator. Or contact us via email at [mail@yay.org](mailto:mail@yay.org), or phone us at 416-932-1919

Please stay up-to-date on current COVID-19 information from Toronto Public Health at <https://www.toronto.ca/home/covid-19/>