

# MENTOR RESOURCES

HELPFUL RESOURCES FOR MENTORING

WINTER 2022



## EVENTS & PROGRAMS

Youth Assisting Youth (YAY) regularly hosts events and programs for Youth Mentors & their Mentees

- Our events are fun and are no cost or low cost
- You can use the event as one of your weekly outings
- You will have a chance to explore the city and go on many fun field trips.
- YAY Family Picnic and Summer CAMP for Matches are annual events to look out for!!!

## IDEAS TO KEEP CHILDREN & YOUTH OR MENTEES ACTIVE THIS WINTER SEASON

### Outdoor Activities:

- Go for Walk, Run or Hike and Discuss what you see in Nature
- Make a Snowman, Snow Angel or Throw a Snowball Safely
- Try or Play a Winter Sport or Activity
- Go on a Treasure or Scavenger Hunt

### Indoor Activities:

- Play Board Games, Cards or do a Puzzle
- Put on Music and Dance or Relax and Enhance Your Mood
- Have an Indoor Hot Chocolate/Cocoa or Tea Party
- Do chores around the house

### Other Ideas:

- Help with Homework or a Project that supports Education Goals
- Share Hobbies - Cooking, Arts & Crafts, etc
- Play Video games - Fortnite, Call of Duty, Grand Theft Auto, NBA 2K or Super Mario
- Talk on the Phone or Message each other
- Watch your Favourite sports team together - NHL, NBA, NFL or FIFA.
- Go out to YAY Events, Activities and Programs.

## SPECIAL EVENTS & HOLIDAYS

### January/February

Weekly Social Hour at 4:30pm  
Friday Games Night w/ Tutoring - Jan 28 - Mar 18 at 5pm  
Lunar New Year | Year of the Tiger - Feb 1  
Cooking Program w/ TEP - Feb 1 - Mar 29 at 4:30pm  
Olympic Games Beijing 2022 - Feb 4 - Feb 20  
Dinosaurs - ROM Workshop - Feb 5 at 11am  
Valentine's Day Heart Workshop - Feb 9 at 5pm  
Sonic Sounds - Mad Science Workshop - Feb 10 at 6pm  
Kahoot Trivia Night for Mentees & Mentors - Feb 17 at 5pm  
Valentine's Day - Feb 14; Family Day - Feb 21  
3D Paper Balls - STEM Workshop - Feb 22 at 5pm  
Hoot & Howl - TRCA Workshop - Feb 24 at 6:30pm;

### Black History Month

King Richard - Family Movie Night - Feb 2 at 5pm  
BHM Luncheon with U of T  
ft. Honoured Guest Andre De Grasse - Feb 28 at 12pm

### March

March Break - Mar 14 - 18  
In My Body - STEM Workshop - Mar 22

### April

Good Friday - April 15; Easter Monday - April 18  
National Volunteer Week - April 17 - 23



YAY.ORG



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ASSISTING  
YOUTH YAY**

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## TORONTO

### Nathan Phillips Square

100 Queen St. W. Toronto, ON

### Bentway Skating Rink

250 Fort York Blvd, Toronto, ON

### Harbourfront Centre Natrel Rink

235 Queens Quay W, Toronto, ON

### Evergreen Brickworks

550 Bayview Ave., Toronto, ON

### Colonel Sam Smith Skating Trail

65 Colonel Samuel Smith Park Road, Etobicoke, ON

### Scarborough Civic Centre - Albert Campbell Square

150 Borough Dr., Scarborough, ON

### Museums & Attractions:

Hockey Hall of Fame

Address: 30 Yonge St, Toronto, ON

Admission: Adult (14-64) - \$25; Youth (4-13) - \$15;

Children (3yrs and under) - Free

W: hhof.com; T: 416.360.7765

Daily: 10am - 4pm



## SNOW SCULPTURE CONTEST



Looking for some Outdoor Fun? Participate in YAY's Virtual Snow Sculpture Contest. Submit a photo of your creation and submit your photo to [events@yay.org](mailto:events@yay.org) or tag us @youthassistingyouth on Instagram using the hashtag #YAYSnowSculptureContest by Friday February 18th. Prizes are to be Won! Happy Sculpting!

## YORK REGION

### Markham Civic Centre

101 Town Centre Blvd, Markham, ON

### Richmond Green Skate Trail, Richmond Hill

1300 Elgin Mills Road East, Richmond Hill, ON

### Newmarket Riverwalk Commons.

200 Doug Duncan Dr., Newmarket, ON

### Vaughan

Dufferin Clark Outdoor Rink, 1441 Clark Avenue West, Thornhill, ON

Garnet A. Williams Outdoor Rink, 501 Clark Avenue West, Thornhill, ON

Chancellor Outdoor Rink, 350 Ansley Grove Road, Woodbridge, ON

Vellore Village Outdoor Rink, 1 Villa Royale Avenue, Woodbridge, ON

Father E. Bulfon Outdoor Rink, 8141 Martin Grove Rd., Woodbridge, ON

(Please note: only open on Saturday & Sunday from 1pm - 3pm)

Hours: Monday, Wednesday, Friday from 6pm - 8pm

Saturday & Sunday from 1pm - 3pm

Admission: \$2.50 (ages 4-17), \$5.25 (18yrs +), seniors (60+) \$3.50

(You can also get a family pass for up to 5 people for \$10.25)

### Museums & Attractions:

Markham Museum

9350 Markham Rd, Markham, ON

W: [markhammuseum.ca](http://markhammuseum.ca); T: 905.305.5970

Mon & Tues: Closed; Wed - Sun: 11am - 5pm



## WINTER ACTIVITIES

.Ice Skating

.Skiing

.Tobogganing/Sledding

.Hockey/Shinny

.Snowboarding

.Snowshoeing



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